

Western
Suburban
Wrestling
League

2009-2010

Western Suburban Wrestling League team handbook and by-laws for the 2009 -2010
wrestling season. Last Update September 9, 2009.

Board of Directors

President

Brian Velarde Cell : 303-819-5511
12062 North 1st, Parker, CO 80134
BJV333@aol.com

Vice President – *League Tournament Director*

Bridgett Campbell Home: (303) 524-9840
21344 White Pine Ct, Parker, CO 80138
Bridgett@chaparralyouthwrestling.com

Secretary

Victoria Martinez Home: (303)373-5311
 Cell : 720-425-7399
14774 March Dr., Denver, CO 80239
cavwrestling08@yahoo.com

Treasurer

Christine Valdez Cell: (303)-853-1809
11761 Garfield Street, Thornton, CO 80233
christinevaldez@honnen.com

Head Official

Al Harrington Home: (303) 688-9385
951 CO RD, Elizabeth, CO 80107 Cell: (720) 205-8113
AH80116@msn.com Fax: (303) 688-4827

List of Member Clubs for the 2009-2010 season

Alameda Pirates	Delia Ramirez	720-240-7067
Bailey Headlockers	Gary Rhoads	303-838-4782
Bandits Wrestling	Ross Behm	702-252-8760
Bear Creek Wrestling	Pablo Marquez	303-500-2453
Brighton	Eric Heinz	720-296-7710
Broomfield Jr. Eagles	Rory Roman	303-324-6920
Buffs Jr. Wrestling	Tony Jones	303-400-5438
Centaurus Warriors	Ernie Martinez	303-961-0691
Chaparral Youth Wrestling	Bridgett Campbell	303-524-9840
Chatfield Jr. Wrestling	Alan Stajcar	303-274-5678
Colorado Hall of Fame	Mary Jo Gomez	720-209-5962
Columbine Youth Wrestling	Jay Breidenbach	303-932-6896
Dakota Ridge Wrestling	Larry May	720-581-0391
Denver North Jr. Wrestling	Santos Valtierra	720-480-5271
Elite Wrestling	Ahmid Nunn	720-261-4230
Falcon Wrestling	Michael Villegas	719-352-5061
Grandview Wolves Wrestling	Tim Vallejos	303-680-8611
Junior Titans	Candy Beard	720-878-1816
Knights	Josh Nelson	303-373-0744
LaGente Wrestling	Zach Valdez	719-406-9200
Little Cougars	Jeff Buck	303-416-0110
Mountain Grapplers	David Leek	303-250-0828
Mountain Range	Ronnie Vallejos	303-596-1183
Next Level Legends	Ray & Dawn Wood	303-384-0730
Northglenn Wrestling	Evie Coach	720-289-4342
Parker Sons of Thunder	Jeff Estrada	618-781-8713
Rocky Mountain Wrestling	Rich Mahan	719-574-7550
Sheridan Wrestling	Gene Maez	720-280-2009
Skyview Wrestling	Brian Gutierrez	720-371-8660
Team Pueblo	Rodney Vigil	719-671-8132
Thunder Bolt Wrestling	Jay Johnson	303-328-7302
Westminster Wolves	Juan Martinez	303-429-0919

Tournaments 2009/2010

Western Suburban Wrestling League

High School Wrestler's are ineligible for WSWL Tournaments REGARDLESS OF AGE.

NO HIGH SCHOOL FRESHMAN!

All WSWL tournaments are open with the exception of

WSWL Clifford Haynes Memorial League Tournament Sunday, January 31, 2010

(this tournament is for **WSWL members only**)

Entry Fees: \$12 for League Members **with** Proof of Insurance Card
\$20 for League Members **without** Proof of Insurance Card
\$20 for All Non-League Members

Mandatory! Wrestlers must weigh-in wearing singlet!

Colorado State Youth Wrestling Championships

Saturday – February 27, 2010 and February 28, 2010

(this tournament is for **Colorado Wrestlers Only**).

**USA Bronze Card Coaching Card ~~is~~ are Required to be Mat Side for
all**

All Western Suburban Wrestling Tournaments, no exception

(NO Coaches Passes will be sold or provided)

Need Help with bracketing during your Tournament?

Contact: Colorado Bracketing Team

Mary Jo 720-209-5962

Christine 303-847-9113

Match Times by Periods, Age Groups and Weight Classes for the 2009-2010 Season

Time by Periods:	6's and 8's	three, sixty (60) second periods
	10's, 12's and 14's	three, ninety (90) second periods

Wrestlers MUST weigh-in wearing singlet.

Age Groups & Weight Classes:

6 & Under -- Wrestlers born between 9-1-2002 and 8-31-2004

35, 40, 45, 50, 55, 60, 65, 70, 75, 85, hwt

8 & Under -- Wrestlers born between 9-1-2000 and 8-31-2002

45, 50, 55, 60, 65, 70, 75, 80, 87, 95, 112, hwt

10 & Under -- Wrestlers born between 9-1-1998 and 8-31-2000

55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, hwt

12 & Under -- Wrestlers born between 9-1-1996 and 8-31-1998

65, 70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, hwt

14 & Under -- Wrestlers born between 9-1-1994 and 8-31- 1996

77, 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, hwt

Total Weight Classes ~ 72

Rule of Thumb ~

The approximate maximum percentage weight difference per age group in the heavy weight classes is as follows:
15% at 6 & Under, 16% at 8 & Under, 17% at 10 & Under, 18% at 12 & Under and 19% at 14 & Under.

Weights and Birth date were voted and revised August 2008

November 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 *	9	10	11 WSWL Meeting	12	13	14
15 *	16	17	18	19	20	21
22 *	23	24	25	26 Thanksgiving	27	28
29 *	30					

Schedule of Tournaments

- ❖ November 8th **Northglenn Youth Wrestling**
Both Novice and Experienced
Evie 720-289-4342
- ❖ November 15th **Omari Nunn Memorial**
Both Novice and Experienced
Ahmid Nunn 720-261-4230
- ❖ November 22nd **Chaparral Showdown (Allstate Seeding Tournament)**
Both Novice and Experienced
Bridgett Campbell 303-524-9840
- ❖ November 29th

National Tournaments

- | | | |
|---------------------------|-------------------------------|--|
| October 31 st | Monster Match (RMN) No novice | www.rockymountainnationals.com |
| November 20 th | Predator World Championships | www.rockymountainnationals.com |

December 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 *	4	5	6	7	8	9
10 *	11	12	13	14	15	16
17 *	18	19	20	21	22	23
24 *	25	26	27	28	29	30
31 *						

Schedule of Tournaments

- ❖ **January 3rd** **Brighton (Allstate Seeding Tournament)**
Both Novice and Experienced
Eric Heinz 720-296-7710

- ❖ **January 10th** **Westminster Wolves**
Both Novice and Experienced
Juan Martinez 303-429-0919

- ❖ **January 17th** **LaGente**
Both Novice and Experienced
Freddy Montoya 719-214-7006

- ❖ **January 24th** **Centaurus**
Both Novice and Experienced
Ernie Martinez 303-961-0691

- ❖ **January 31st** **Clifford Haynes Memorial (WSWL league championship)**
Experienced ONLY
Bridgett Campbell 303-379-9814

National Tournaments

- January 2nd Who's Bad (RMN) No novice www.rockymountainnationals.com
- January 22-23 Tulsa Nationals www.worldofwrestling-roller.com

February 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 *	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27 *
28 *						

Schedule of Tournaments

❖ **February 7th**

National Hall of Fame – Colorado Chapter

Both Novice and Experienced

Mary Jo

720-209-5962

- February 12&13 **High School Regional**
- February 17-20 **High School STATE Tournament @ Pepsi Center**

❖ **February 27 & 28**

Colorado Youth All State

www.allstateyouthwrestling.com

Sponsored by Western Suburban Wrestling League and Metro Junior Wrestling League

Colorado Wrestlers ONLY!!

www.allstateyouthwrestling.com

Committee Chair: **Ernie Martinez** erniem@repairs-unlimited-co.com

Secretary: **Mary Jo Gomez** mjcowrestling@msn.com

Treasure: **Dawn Wood** rdjdwood@aol.com

WSWL All State Representatives:

Phil Grasmick

pgasmick@yahoo.com

Mike Villegas

Fire13@yahoo.com

Al Harrington

ah80116@msn.com

Eli Jaramillo

ejaramillo50@gmail.com

To Place an AD in the Colorado State Youth Wrestling Tournament Program contact a WSWL All State Representatives, listed above. Support your league, club and wrestler.

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 *	8	9	10	11	12	13 *
14	15	16	17	18	19	20 *
21	22	23	24	25	26	27 *
28	29	30	30			

Schedule of Independent Tournaments

- ❖ **March 7th** **Chaparral Spring Classic**
 Brian Velarde (303) 819-5511

- ❖ **March 13th** **Middle School Regionals**

- ❖ **March 27th** **Middle School State**

National Tournaments

March 19-21 RMN No novice (Ages K -12 and open divisions) www.rockymountainnationals.com

Western Suburban Wrestling League By-Laws

ARTICLE I

NAME

The name of this not for profit organization is the Western Suburban Wrestling League, hereinafter referred to as the 'League'.

ARTICLE II

MISSION

The mission of this not for profit organization is to provide a wrestling league that will guide young men and women in the art of wrestling. This will be accomplished by providing an atmosphere to educate these athletes in the areas of wrestling skills, good sportsmanship, ethics, safety, and competition.

ARTICLE III

SCOPE

The scope of this not for profit League is to conduct meetings, tournaments, clinics (coaches, bracketing, and training), and other wrestling events that promote the wrestling education of young men and women (participants), coaches, and other interested parties. The League can also provide aid and resources to conduct League sanctioned tournaments and other League approved wrestling events. This League will also provide general assistance in the formation of new clubs and provide leadership/guidance in addressing individual club issues when requested. The League will also help direct new wrestlers to clubs near their schools or residence. Finally, the League will assess fines and/or disciplinary actions as required to enforce the By-Laws and Tournament Sanctions.

ARTICLE IV

The League consists of member clubs, wrestlers, trainers, League officials, and other interested parties from the general populace located in the geographical boundaries of the state of Colorado. Membership of the League shall be as follows:

A. Membership and Eligibility

1. General:

Members of this League will consist of wrestling clubs that have applied to and been approved by at least 2/3 of the voting members present at the monthly meeting of the season following their probationary season or as specified by the Board. A club must serve a minimum probationary period of one year (365 days) prior to being accepted as a full League member. The wrestlers, coaches and wrestlers' parents of these full member and probationary clubs, or other interested parties from the general public are also considered part of the League.

2. Members:

a. **Regular Members:** Wrestling clubs, wrestlers and their parents, and coaches of each club having served a probationary season and having been approved by the general membership shall be considered regular members of the League. Each regular member club shall appoint a club representative to represent the club at League meetings and other League functions. The club representative can elect to send a suitable replacement in the event they are unable to attend a League function.

b. **Prospective Members:** Clubs requesting membership must apply at a regularly scheduled meeting to be considered. The new club must select a member to make their presentation at the initial

meeting and to represent the club at all other meetings. During the initial meeting, the prospective member must be prepared to present the following information to the League about the prospective club for consideration prior to voting and acceptance into the League:

- 1) Approximate Club size (number of wrestlers)
- 2) Planned or anticipated parental involvement
- 3) Coaching goals and abilities for planned club
- 4) Club affiliation (i.e. school, recreation center, etc.)
- 5) Answer general questions

No new clubs after November meeting.

c. Probationary Members: Commitments of new clubs will be to complete one calendar year (365 days) of probation while meeting the League requirements specified in Article IV Section B, and accepted by a 2/3 majority vote of the members present at the league meeting following the probationary season. Probationary clubs can be voted out of the League by a 2/3-majority vote anytime during the probationary period or at the recommendation of the Board. Once the prospective club is accepted into the membership as a probationary member, a club representative shall be selected to represent the club at all League functions. Alternates may be sent under the same circumstances described for regular members.

d. Proxy Members- There are no proxy members.

e. Rider Members- A rider member is a club that cannot meet the requirements of a regular member club. Rider members must locate a regular member club in good standing in the league to allow them to ride on their roster. Rider clubs are not required to have a representative at the league meeting or league functions and will be responsible for obtaining the information about events, duties and tournament responsibilities from the host club. A rider club will have to start as a probationary member (as show in article 2c) when they choose to join the league as regular members. Any Regular member hosting a rider club is responsible for the completion of the league cards, completion of the team's roster and paying of the fees for the rider club.

All clubs wanting to host a rider club must first obtain approval from the league prior to hosting a rider club. The host club representative and the rider club representative must attend the next scheduled meeting and petition the league for approval. The league will evaluate the petition and then vote on the host clubs admittance of a rider club. Rider club must be approved by 2/3 majority votes.

f. Sanction Members- A sanction member is an organization that has no wrestlers but is voted by the league and considered as a full member of the league.

B. Membership Requirements

Each club through its selected representative must demonstrate the ability to represent their respective club and its interests to the League. The selected representative must also demonstrate the ability to represent the League and its interests to the respective club. Additionally, the selected representative must:

1. Attend required monthly meetings and be current (within 60 days) with League dues and/or other League assessments.

- A. An unexcused absence from a required League meeting or mandatory clinic (within a single season) will result in the following fines and disciplinary action:
- 1) First occurrence -- \$50.00
 - 2) Second occurrence -- \$100.00
 - 3) Third occurrence -- Subject to ejection from the League Ejection from the League. Once a Club misses the 3rd meeting, the violating club must then pay all outstanding fines before petitioning the league for reinstatement. If the league approves reinstatement by a 2/3 majority vote, said club must then begin the one year probationary period as noted in article IV section 2 letter c.
- B. Member Clubs residing greater than fifty (50) miles from appointed League meeting location shall attend the required monthly meetings of **September, October, December and January** (IE: officer elections, sanctioning of clubs, roster, league dues, and season closure). An unexcused absence from these meetings will result in the fines discussed above in letter A. The regularly attending club representative member shall be responsible for obtaining information for all monthly meetings (whether present at the meeting or not). Voting privileges are given only for meetings, which the club representative(s) are present.
2. Provide resources to support League sponsored events, such as table help (even if you club is not scheduled for table help at a tournament), mat side bracketing, satellite weigh-ins. Table help is required by ALL clubs at ALL tournaments (except those tournaments that choose do provide all their own table help).
 3. Provide proof of liability insurance for each wrestler and coach prior to any organized event (practice, tournament, etc.).
 4. Provide to the League an initial club roster (participants and coaches) by League December Meeting. The roster shall include as a minimum, the following information: **club name, wrestler/coach name, address, phone number; wrestlers age, date of birth, and parents name(s)**, Club rosters can be amended to add a wrestler/wrestlers provided that the amended roster and dues are provided to the league by the January meeting. NOTE: Clubs must submit the complete rosters and dues to the league at the December and may only add a maximum of 3 wrestlers to their roster without written consent of the board.
 5. Abide by the standard code of ethics defined in the National Federation of State High School Association (NFHS) Wrestling Rulebook, Article 6, Section 5, Rule 7. Failure to abide by the standard code of ethics or the belief that the action/conduct is unethical will result in the following:
 - Ejection from a tournament
 - Ejection from the League

- A. Misconduct at a tournament will result in ejection from the tournament. Ejection carries a mandatory suspension from the next League tournament. The ejected party will not be allowed in the building of the next League tournament.
 - B. Physical violence in any form will result in disciplinary action up to and including ejection from the League.
 - C. The League may review any misconduct or ejection from a tournament with disciplinary action up to and including ejection from the League.
6. Provide a safe environment and acceptable facility for practice.
 7. It is the responsibility of each club to have additional representatives at the October meeting for any people that want to learn mat side bracketing, skin check procedures and rule changes. Each club is solely responsible for providing knowledgeable people to run tables, mat side bracket at tournaments and complete skin checks.
 8. The League shall have no financial liability for any club/clubs practice facility or other debts incurred by the club/clubs.

ARTICLE V

ELECTIONS

- Nominations: Nominations for each office will be taken at the August meeting. If a member cannot attend the meeting and they wish to be nominated they can request the current board nominate them for the desired position. If no nomination for a particular office is made, the League will canvas the League membership for candidates. These candidates will then be nominated and voted on at the next month's meeting. All officers will be self or peer nominated. Each nominee may speak for himself /herself or have a spokesperson address the membership on their unique qualifications for the office they've been nominated for.
- General Elections: Elections will be held every year during the September meeting. Elected officers will take responsibilities (begin serving their term) at the October meeting. Elections will be held by secret vote and the nominee with the most votes wins the office. Each club, regardless of size, shall have only one vote.
- Special Elections: In the event an office is vacated mid-season, nominations and the election will be held at the next League meeting.
- Recall Elections: Should any club member feel an officer(s) is not meeting the minimum requirements as described herein, the officer may be recalled in the following manner. 50% of the clubs must petition the League for the officer(s) removal from office. A special vote will be held. The recall of an officer(s) requires a 2/3-majority vote.

ARTICLE VI

OFFICERS and RESPONSIBILITIES

A Board governs the League. This Board consists of the President, the Vice President, the Secretary, and the Treasurer. Committee members report directly to the President as applicable. The general duties of all officers are to make League decisions under emergency conditions when a League meeting is not feasible for the membership to make the decision. Board member responsibilities shall be as follows:

President: The President is elected to serve a yearly term. This term is on a one year term and MUST be re-voted on annually at the September meeting. There is no term limits for this position provided the membership votes to keep the current president. The President shall be the presiding officer at all League functions and be the official League representative to outside interests of the League. This representation must be approved by the League membership. The President shall also prepare an agenda for each League meeting, conduct League meetings according to the approved agenda, be a focal point for League issues or new ideas, and notify individuals of any disciplinary action to be taken on behalf of the League.

Vice President: The Vice President is elected to serve a yearly term. This term is on a one year term and MUST be re-voted on annually at the September meeting. There are no term limits for this position provided the membership votes to keep the current Vice president. The Vice President shall act on behalf of the President at League functions where the President is not able to attend. When fulfilling the role of the President, the Vice President's responsibilities shall be the same as those defined for the President. The Vice President shall also be a director for the Clifford Haynes Memorial League Tournament.

Secretary: The Secretary is elected to serve a yearly term. This term is on a one year term and MUST be re-voted on annually at the September meeting. There are no term limits for this position provided the membership votes to keep the current secretary. The Secretary shall be responsible for all League correspondence, maintenance of the By-Laws and sanctions, and historical records for the League. The Secretary shall record meeting minutes and distribute at the next League meeting, record and maintain attendance records, disciplinary records, Club rosters (as defined in Article IV Section B4), Letters of Recommendation, and any other League written correspondence. All text material and other written records shall be in a standard software format as defined in Article XIII. The secretary shall also maintain 3 years worth of minutes as per the state guidelines, the transfer of the documents will take place on or before the October meeting.

Treasurer: The Treasurer is elected to serve a two-year term. This term may be renewed no more than twice for a total service maximum of six consecutive years. The Treasurer shall be responsible for the financial dealings and records of the League, and maintain current Club rosters as defined in Article IV Section B4 with the Secretary. The Treasurer shall also be responsible for submittal of a Treasurer's report for acceptance at each League meeting. The Treasurer will be responsible for handing all transactions and claims between the insurance company and the League. The financial records will be audited on an annual basis and the audit report will be due at the September meeting. Two League officers other than the Treasurer will perform the audit. The Treasurer is expected to be present at appropriate League functions to pay League incurred debts or make provisions for the payment of such. The treasurer shall also maintain 3 years worth of minutes as per the state guidelines, the transfer of the documents will take place on or before the October meeting.

Expenditures: A Board member or other member approved by the Board is authorized to spend up to \$50.00 for League required items without prior Board or membership authorization. Expenditures above \$50.00 for tournament expenses are authorized if two or more Board members or the membership concur. Other League expenses require League membership concurrence. All reimbursement for League expenses will be made only with copy of an appropriate receipt.

ARTICLE VII

MEETINGS

League meetings will be held on the second Wednesday of each month during the wrestling season from September through March unless otherwise specified by the President or Board. A yearly-planning picnic will also be held during the month of August. Each of these constitutes regular meetings at which attendance by all members (regular and probationary) is mandatory. The Board will determine meeting location, and formally announce the meeting date and location on the leagues website: www.csywrestling.com.

The President will establish the agenda for each meeting. A typical agenda will include: Role Call of member clubs in attendance, Reading and Approval of the previous meeting's Minutes, Review of the Treasurer's Report, the handling of Old Business followed by the handling of New Business, the handling of Miscellaneous Items and Adjournment.

The official mailing address of the League is:

Attention: Dawn Wood 1240 Pike Street, Golden, CO 80401

PROPOSALS

The Board or general membership should write proposals for any issue that needs to be acted on. Proposals should include a brief background of the issue, supporting information, actions necessary to be taken, and any cost or other considerations. Proposals shall be voted on by the membership at the current meeting. Once a proposal has been approved, the necessary actions shall be implemented and persons assigned to implement the proposal.

ARTICLE IX

COMMITTEES

The League recognizes the following sub-committees. The responsibilities of each sub-committee are also defined below. Additional sub-committees may be formed at the discretion of the Board or at the request of the membership to deal with League activities as the need arises. Sub-committees will be formed each November for the current wrestling season. For example, sub-committees for the 2008-2009 wrestling season will be formed at the November 2008 League meeting.

By-Laws & Tournament Sanctions:

It is the responsibility of this committee to meet on a yearly basis to review the By-Laws and Tournament Sanctions for any change(s) that may be required and to update the By-Laws and Tournament Sanctions when approved by the League membership. The change(s) will need to be ratified by a 2/3-majority vote of the League. The requested change(s) must be submitted in writing to the League for consideration. Copies of the proposed change(s) shall be supplied for all League members at the League meeting prior to the League meeting when a vote will be taken on the proposed change(s). By-Law and Tournament Sanctions change(s) must be identified as such on the agenda for the meeting at which the item will be discussed. Change(s) can be proposed during a meeting (and do not have to appear on the meeting agenda) but cannot be voted on until the next League meeting to allow review of the proposed change(s) by the League membership.

It is the responsibility of this league to review the Tournament Sanctions annually for any change(s) that may be required and to update the Tournament Sanctions when approved by the League membership. The change(s) will need to be ratified by a 2/3-majority vote of the League. The requested change(s) must be submitted in writing to the League for consideration. Copies of the proposed change(s) shall be supplied for

all League members at the League meeting prior to the League meeting when a vote will be taken on the proposed change(s).

Clifford Haynes Memorial League Tournament:

It is the responsibility of the vice president to coordinate and organize the running of this tournament. The league will assist in the running of this event, by providing set up, clean up, table help, awards and many other jobs assigned in the month prior to the tournament. The Clifford Haynes Memorial Tournament will be scheduled at the yearly tournament scheduling meeting. The host location of this tournament will be determined at this time. Only clubs with facilities capable of hosting up to 900 wrestlers will be considered for this tournament. The league members present at the tournament meeting have WILL have a vote at that meeting if necessary to determine a location.

The Clifford Haynes Memorial League Tournament is to be scheduled and take place as a culmination of the end of the season. The Tournament is a one day event as voted on by the league. The Cost of this tournament is \$5 per wrestler shown on a team's roster; if a wrestler is not on a team's roster that wrestler may not wrestle under any circumstance.

Clifford Haynes Scholarship:

It is the responsibility of this league to review Scholarship requests presented by members of the League.

Youth State Wrestling Tournament:

It is the responsibility of this committee to organize a staff to run the state tournament. This staff will be responsible for all elements of the state tournament. It is the responsibility of this committee to represent the WSWL leagues desire regarding the current and future tournaments. Four (4) committee members are required by the All State Committee to staff to assist in the planning of the youth state tournament. There are 2 additional at large seats that are voted on by the current members of the All State committee. Each WSWL representative should accept a two (2) year commitment to the All State Committee. This committee meets once a month from August to March.

Bronze Card Coordinator:

It is the responsibility of the bronze card coordinator to work with the representative at USA Wrestling to organize, staff, and promote Bronze Card clinics for the league. The bronze card coordinator will work with the league members to secure a date for each of the clinics as well as a location. The bronze card coordinator will also be asked to assist in ordering replacements cards.

ARTICLE XI

TOURNAMENTS

DUTIES

A minimum of four people per Club is required to staff bracketed tournaments as follows:

Registration/ Satellite weigh-in

Minimum of 3 persons

- One to verify age and take registration fees
- One skin check representative (MUST be skin check Certified)
- One scale Representative (Must Be Bronze Card certified)

Runner

Minimum of 1 person

- Collect the bracket from the bracketer
- Copy the bracket and return the original to the bracketer
- Post the copied bracket on the bracket wall after each round

Table Help

3 people per club from the assigned club shall be assigned a table for the duration of the tournament.

NOTES: Special training for skin check, scoring and bracketing is required and offered by the League during October meeting at the beginning of each season.

Two shifts of 2 people each (for a total of 4 people) for the duration of the tournament is recommended.

DUTY DESCRIPTIONS**ANNOUNCER:**

The Announcer announces various items of interest to the wrestlers, coaches, and spectators. Responsibilities of the Announcer are as follows:

1. Staging of wrestlers for each round of wrestling matches (for coaches/wrestlers).
2. Crowd control (to clear mat/table area)
3. First aid needs as required

It is important to have a clear, easily heard voice, as acoustics in most gym areas are poor to non-existent. The Announcer's role is also important to the operation of the tournament.

AWARDS:

The Award person(s) hand out the awards as each age group/weight class as soon as possible after the bracket finishes. Awards are typically given to the first four placers in each age group/weight class.

BRACKET ROOM:

The Bracket Room initially sets up each bracket and organizes them by age group and weight class in accordance with League sanctions. The mat side bracketer will maintain the bracket using the bout sheets to record the results of each match on the bracket. It is MANDATORY each bracket is copied and posted as a round is completed to ensure that any errors can be caught before the next round of wrestling for that bracket begins. The individual results are passed on to the awards people to give ribbons/medals to the winners as determined by the Bracket Room.

RUNNER:

Runners act as a 'conduit' between the mat tables and the Bracket Room. Runners deliver the completed bracket to the Bracket Room for copying and then post the updated copy on the bracket wall prior to the start of the next round.

TABLE HELP:

Table help is assistance on the wrestling floor at any table set up at an individual wrestling mat. The table help is responsible for timing the match (three, 60 second or three, 90 second periods depending on wrestler's age) and recording the score of the match. Table help also consist of a score keeper and a mat side bracketer. The bracketer is responsible for writing out the bout sheet, providing them to the score keeper and retrieving the bout sheets to continue the bracket. Training sessions are available on how to properly record the score of a match. The table help will receive the bout sheet from the mat side bracketer.

Table help will receive one meal at no cost during the course of the tournament day. The tournament staff will provide a meal at the table for the table help or a coupon for the table help worker to go and retrieve a meal from a predetermined menu. Beverages are to be provided with the meal, once in the morning and again in the afternoon.

LEAGUE SUPPORT:

The league is to determine which tournament(s) to support if conflicts arise and more than one tournament is held on a given day. Tournament flyers should be made available at the league meetings for the current wrestling season.

REVIEW:

Review for each tournament will take place at the next scheduled league meeting; any team not meeting the sanctions set forth in these by-laws will be subject to the suspension of their tournament for the minimum one-year (a tournament will not be authorized for the following wrestling season). Clubs will be notified in writing if their tournament has failed to meet the sanctions and their privileges to host a tournament are suspended.

SCHEDULING DATES:

League sanctioned tournaments are scheduled in March at a meeting held only for the clubs interested in hosting a tournament. Teams that receive a tournament are required to verify the date with their facilities manager and inform the league by the August meeting of the availability. Once facilities have been verified by the clubs, the league will voted on and approve the tournament schedule and be recorded on the official League calendar in August. Cancellation of the tournament after the schedule has been voted and approved will subject the Club to a minimum one-year suspension from sponsoring a tournament (a tournament will not be authorized for the following wrestling season). Tournament dates established after the August meeting shall not be considered League sanctioned unless agreed to by the Board and vote of the membership. Member clubs will allowed to petition for a tournament at the league tournament scheduling meeting. Hosting a WSWL sanctioned tournament is **NOT GUARANTEED**. Member clubs will be considered for a tournament based on the following criteria's:

1. Longevity in the League
2. Current standing within the league.
3. Previous tournament performance.
4. Size of facility where tournament will be held.
5. In case all criteria's are met by multiple clubs wanting the same date, an emergency vote will be held by league members in attendance at the tournament meeting to determine which club will be awarded that tournament date.

STAGING:

Staging of wrestlers (usually by age group) is the key to efficient tournament operation. There are two phases of Staging. The first phase consists of stagers distributing bout sheets from the Bracket Room and pairing wrestlers by age group/weight class. Staging is done in as quiet a place as can be found, as this is the time each wrestler finds out who his/her next opponent is. The wrestlers then proceed to the gym floor where the second phase of Staging occurs. This phase determines the pace of wrestling on the floor. The Staging person tries to equally distribute the matches among the eight to ten mats without over stacking the mats. Typically each mat will have a bout in progress and one but not more than two matches stacked behind. Too many 'stacked' matches leads to clutter on the floor and makes it difficult for spectators to watch the matches going on. Staging tournament require the same duties as a mat side tournament plus an announcer to call the bouts, bracket room staff, stager.

WEIGH-INS/REGISTRATION:

Weigh-Ins will be conducted the Saturday before the tournament. This involves weighing each registered wrestler in order that brackets may be set based on the League's established age groups and weight classes

TRAINING OPPORTUNITIES:

The League will conduct a bracketing clinic each year in October. It is the responsibility of each club to have at the October meeting any people that want to learn mat side bracketing, skin check procedures and rule changes. Each club is solely responsible for providing knowledgeable people to run tables and mat side bracket at tournaments. The League will also require each coach to obtain a Bronze Card. Individual clubs may hold their own bracketing clinic as long as at least one member receives formal training from the League at the annual clinic.

ARTICLE XII

MEMBER CODE of ETHICS and CONDUCT

Article IV Section B5a1 and Section B5a2 describe the sanctions imposed for failure to abide by the following:

Coach Etiquette

1. Coaches will treat each wrestler with respect providing positive feedback and encouragement as deemed necessary.
2. Coaches will provide instructions during practice sessions on the different skills necessary to compete in the tournaments,
3. Coaches will accompany each wrestler to the mat during tournament matches and stay for the duration of the match providing encouragement during the match and summary at the end of each match.
4. Coaches must have a visible WSWL coaches' insurance card and a minimum bronze level certifications card.
5. Coaches, staff members or volunteers are not permitted to go anywhere alone with children (participant, guest or any other child other than their own direct bloodline) or legal guardian.

Wrestler Ethics/Guidelines

1. Wrestlers are expected to maintain appropriate behavior with all other wrestlers, spectators, referees, and other adults at the tournaments. Sportsmanship is the key here and refers to an athlete who has the ability to take a loss or defeat without complaint, and a win or victory without gloating. A true athlete and sportsman treats his/her opponents fairly, with courtesy and does not resort to unsportsmanlike behavior to win a match.
2. Wrestlers typically weigh in the day before the match/tournament and the wrestling weight should be a comfortable weight and not one reached by 'starving' to meet weight. Nutrition and health are key to each wrestler's performance. 'Fasting' to meet weight robs young wrestlers of the strength and stamina to perform at their peaks and can be detrimental over the long term. The Western Suburban Wrestling League will adhere to state High School rules in terms of weight loss

Parent Ethics/Guidelines

1. Parental involvement and participation is crucial to the success of the wrestling club. Your cooperation is encouraged in the following ways:

Support your child throughout the season. **BE POSITIVE and ENCOURAGING!** Plan to attend tournaments in which your child is participating. Remember, encouragement and support are essential for every child's growth and self esteem.

Leave coaching to the coaches. As parents, you may see things differently than a coach. Please address your questions and concerns to the coaches before or after (not during) practice and before or after (not during) tournaments.

2. Parents shall keep clear of the wrestling mat and clear of the coaching and bracketing areas.

ARTICLE XIII

Standard Software Format for League Information

The standard format for the Secretary shall be Word 7.0.

All correspondence and other written materials shall be in this format.

The standard format for the Treasurer shall be Quicken 6.0.

All files and reports and other written materials shall be in this format.

WESTERN SUBURBAN WRESTLING LEAGUE

Tournament Sanctions for 2009-2010

ATTIRE: Wrestlers MUST wear a singlet or two piece wrestling uniform (Brute, Cliff Keen or similar) and headgear. The singlet or two piece (Doublelet) wrestling uniform shall not be loose fitting. Wrestlers with braces MUST wear a mouth guard. Long haired wrestlers MUST wear a hair net. Female wrestler must wear a sports bra when wrestling and at weight-ins. Wrestling shoes are optional, shoelaces MUST be secured.

AWARD: An award WILL NOT be given in a weight class (bracket) where only one wrestler is registered. The wrestler will be given the choice of moving to another weight class (bracket) or receiving a refund of his/her registration fee and withdrawing from the tournament. A sincere effort will be made to confer awards as quickly as possible after a weight class (bracket) finishes.

BLIND DRAW: Wrestlers will be placed on the bracket sheet, in ascending order, using their blind draw number. The number will be drawn and attached to his/her registration form. Clubs using a computerized system to bracket wrestlers can allow the technology to assign wrestlers to each bracket. At the Tournament Director's discretion, the bracket room may separate two teammates in the first round pairing whenever possible. Additionally, at the Tournament Director's discretion, he/she can opt to host a novice division and have the bracket room may separate novice from experienced wrestlers, provided the wrestler a) meets the definition of a novice wrestler set forth in these sanctions, b) the wrestler and/ or their guardian has marked the appropriate box on the registration form.

BOUT SHEET: Our standard bout sheet is designed to allow the referee to assign the leg band color (red or green). The scorekeeper will circle and/ or hi-light the color assigned to each wrestler by the referee. At the end of the match, the score keeper will note the 'End of Match' time (actual time of day or real clock time) on the bout sheet, circle the winning wrestler's name and cross out the losing wrestler's name. The bout sheet **MUST** be signed by the appropriate wrestler and verified by the score keeper. The referee will then initial the bout sheet. Ultimately, the person signing the bout sheet (winning wrestler, coach, parent, teammate, etc.) and the referee initialing the bout sheet are responsible for the accuracy of the sheet. If the bout sheet is wrong when it leaves the score table and the mat side bracketer does not catch the mistake, the mistake stand. Bout sheets are copied and provided by the host tournament.

BRACKETS: Bracket style **MUST** be stated on tournament flyer.

STAGING:

Staging of wrestlers (usually by age group) is the key to efficient tournament operation. There are two phases of Staging. The first phase consists of stagers distributing bout sheets from the Bracket Room and pairing wrestlers by age group/weight class. Staging is done in as quiet a place as can be found, as this is the time each wrestler finds out who his/her next opponent is. The wrestlers then proceed to the gym floor where the second phase of Staging occurs. This phase determines the pace of wrestling on the floor. The Staging person tries to equally distribute the matches among the eight to ten mats without over stacking the mats. Typically each mat will have a bout in progress and one but not more than two matches stacked behind. Too many 'stacked' matches leads to clutter on the floor and makes it difficult for spectators to watch the matches going on.

Straight line-

In keeping with the six (6) matches in a day rule, the largest bracket that will be used is a sixteen (16) man bracket. The sixteen (16) man bracket will allow no more than seven (7) matches, including the wrestle back for second place, for any one wrestler. If a wrestle back for second place is appropriate, the bracket room staff will determine if the match falls within the (6) matches in a day rule. In other words, if the wrestler currently in third place drew a 'BYE' and has therefore wrestled five (5) matches, the wrestle back match for second place WILL be allowed. If the wrestler currently in third place did not draw a 'BYE' and has therefore wrestled six (6) matches, the wrestle back match for second place WILL be allowed; as detailed in the Wrestle Back section of this document. If a weight class has more than sixteen (16) wrestlers registered, the participants will be placed, alternately, in pools (red, white and blue) using their blind draw number. If a tournament will span two day, thirty-two (32) man straight-line bracket may be used. The six (6) matches in a day rule will still apply a seventh match can only be wrestled when a wrestle back opportunity is allowed by the tournament.

COACHING MAT SIDE: Only **TWO (2)** individuals (coach, parent, teammate, etc.) per team will be allowed to coach mat side. Individuals mat side **MUST** have a **VISIBLE USA Bronze, Silver, or Gold**, coach's card. All other individuals must be in the designated spectator area. Whenever possible, two (2) chairs will be provided at mat side.

The referee will have the authority, using his/her discretion, to warn and penalize the offending team's wrestler. The first offense will result in a warning. The second offense will result in the awarding of a penalty point. The third offense will result in the default loss of the match for the offending team's wrestler. The scorekeeper will record the warning, penalty point and default loss on the bout sheet. The Tournament Director or a Board Member may also help enforce this requirement of the league.

DOUBLE BRACKETING: Double bracketing will NOT be allowed, any wrestler attempting to double bracket will be disqualified from the tournament that he/she is attempting to double bracket in. The registration fee will not be reimbursed as double bracketing is not allowed.

EJECTION: A wrestler, coach, parent or spectator who acts in an unsportsmanlike manner may be ejected from a tournament and removed from the premises in accordance with the national Federation of State High School Associations (NFHS) Wrestling Rule Book. Refer to Rule 8, Section 1, Article 4 and rule 8, Section 1, Article 6. If a wrestler, coach, parent or spectator is ejected, the individual **WILL NOT** be permitted to attend the next sanctioned tournament. The name(s) of any individual(s) ejected **MUST** be passed on to the tournament director of the next sanctioned tournament. It is the tournament director's job to review any ejections with the bracketers to ensure that a wrestler that has been ejected is not bracketed and contact the wrestler prior to the event. Additionally, the ejection **MUST** be reported to the League President who **WILL** report it at the next league meeting. If an individual is ejected for a second time during the course of a season, he/she will be suspended from attendance at all sanctioned tournament for the balance of that season, and must appear before the league at the next scheduled league meeting. The WSWL reserves the right to address any/all ejected individuals on a case-by-case basis.

EQUIPMENT USE: The use of WSWL equipment/ trailer is to be used only for sanctioned WSWL league tournaments or league sponsored tournaments, with the exception of Rocky Mountain Nationals based on

past historical use. Members can petition the use of the trailer assuming all responsibility of the trailer and the equipment. A member club may use the league scales and copy machine for their league approved sanctioned tournament for the cost of \$150 to be paid by the club using the trailer at the next scheduled league meeting. In the event that there are two (2) sanctioned tournaments on the same day, the tournament directors must mutually agree on the division of the equipment, the fee for the trailers use will be split by both clubs. The league can vote to allow use of the trailer by other organizations and tournaments; by majority vote.

FOUR YEAR OLDS: The league WILL NOT promote a 4 & under age group. Four year old wrestlers may compete in the 6 & under age group, at the advertised weigh classes no weigh allowance will be given based on their age. A Tournament Director who wishes to offer a 4 & under age group may do so but it MUST be so stated on the tournament flyer. Four and under wrestlers weight classes will be determined after weigh-ins have been completed for the specified tournament. Four and under wrestlers are defined as wrestler that were born September 1, 2004 or later. They will be considered as novice wrestlers regardless of their wrestling experience.

GOOD STANDING: A member club is considered in “good standing” if:

- ✓ The Club representative has attended all of the required meetings.
- ✓ The Club has paid all league dues and fines.
- ✓ The Club has provided resources to support the league; table help and satellite weigh-ins.
- ✓ The Club has purchased the required insurance; for each wrestler and facility
- ✓ The Club has no ethics violations

LEAGUE DUES: The League dues are due to the league in December at the mandatory league meeting, along with a complete club roster. Any club failing to turn in a roster at the December meeting will be subject to a \$100 fine.

League dues are as follows:

- \$13.50 per wrestler
- \$4.00 per wrestler (where the wrestler already has a full USA Card, a copy of the card is required by the league)
- \$11.00 per coach

Each member club is required to sanction their club through USA Wrestling via the league for a nominal fee, \$60, with an optional insurance policy for the practice facility \$25. Each Club hosting a league sponsored tournament is required to purchase an insurance policy for their tournament for and additional \$70 due in September.

LEAGUE FORMS: A standardized registration form, referee evaluation form, referee pay form, bout sheet and bracket sheet (two man, three man, four man, eight man, sixteen man and thirty-two man will be used. Forms formats will be provided to any club host a tournament or weigh-in on behalf of the league. Registration forms MUST be printed on the appropriate colored paper, to ease the bracketing for tournaments. It is encouraged that bout sheets are also printed on the same color coordinated papers.

- 4 and under, white
- 6 and under, yellow
- 8 and under, green
- 10 and under, blue
- 12 and under, pink
- 14 and under, purple

LEAGUE MEMBERSHIP CARD: Is the current USA Wrestling, league participation membership card, provided by the league before the start of each season to the club representative. Each club is responsible for completing the appropriate colored label and affixing it to the front side of the card, with the USA Logo. The colored label should have the following information listed on it:

Wrestler's Cards

Wrestlers Name

Date of Birth (Actual age, based on cutoff date)

Club Name

WSWL – 2008-2009 (current seasons years)

Coaches Card's

Coaches Name

COACH

Club Name

WSWL – 2008-2009

MEDICAL PERSONNEL: The Tournament Director **MUST** secure the services of medical personnel for the duration of the tournament. The medical personnel **MUST** meet the requirements specified by the state of Colorado for the Care and Prevention of Athletic Injuries. In the event of injury, the medical personnel **WILL BE** responsible for making the decision to allow the wrestler to continue competing or to withdraw the wrestler from the tournament.

MOVES-AGE GROUP: If a wrestler must be moved up an age group by the bracketing staff, he/she will be moved down one weight class. For example: a 6 year old who weigh 67 pounds would compete in the 6 & Under- 70 pound weight class; he/she is the only wrestler in the 6 & Under – 70 pound over weight class therefore, he/she must be moved up to the 8 & under age group; an 8 year old who weigh 67 pounds would normally compete in the 8 & Under- 70 pound weight class; however, because this wrestler is only 6, he/she will be moved down one weight class to the 8 & under-65 pound weight class. **AT THE TOURNAMENT DIRECTOR'S DISCRETION**, and single 10-year old in the 50-pound weight class can be moved down one age group and up one weight class. Likewise, a single 12-year-old in the 65 pound weight class or a single 14-year old in the 77 pound weight class may be moved down one age group and up one weight class.

MOVES-WEIGHT CLASS: A wrestler will not be moved up more than one weight class without the consent of the parent and/or coach. For example: a 12-year old who weighs 88 pounds would normally compete in the 12 & under –91 pound weight class; he/she is the only wrestler in the 12 & Under-91 pound weight class, therefore, he/she would be moved up to the 12 & under-98 pound weight class; if there are no wrestlers in the 12 & Under-98 pound weight class, the bracket room director **MUST** get the consent of the parent and/or coach before moving the wrestler up to the 12 & under-105 pound weight class.

NOVICE WRESTLER: Is defined as a wrestler who has never wrestled in any folkstyle, freestyle or Greco tournaments prior to the start of the current wrestling season (2009/2010). By this definition, a wrestler may have wrestled all last year with a club but never attended any tournaments in any league so he/she would be eligible to compete in WSWL Novice designated tournaments. A wrestler that has competed in past wrestling seasons who have left the sport and returned would not be considered a novice wrestler. A wrestler wrestling as a novice will have only one season as a novice.

NUMBER OF MATCHES: Wrestlers WILL NOT compete in more than six (6) matches in a day with a seventh (7) match only in a wrestle back situation. Coaches, parents, referees, etc...WILL NOT be allowed to override this rule due to liability issues. (It should be noted that CHSAA rules allow only five (5) matches in a day at the high school level.) In a sixteen (16) man bracket, the wrestle back match to determine second place comes in round 7 and could, therefore, be the seventh (7th) match for the wrestler currently in third place, will not be allowed. If a wrestle back for second place is appropriate, the bracketeer room staff will determine if the match falls within the six (6) matches in a day rule.

REFEREES:

Age Requirement- The minimum age of a referee is 16 years old.

Arrival Time- should arrive no earlier than thirty (30) minutes before wrestling is scheduled to start unless otherwise contracted by the tournament director. Referees will be paid for the early arrival time.

Compensation- A standardized referee compensation form will be used for each referee to track miles traveled and hours worked for the purpose of correctly paying the referee. Experienced Referees will be paid at a rate of \$18.00 per hour. First year Referees will be paid at a rate of \$12.00 per hour for any WSWL tournament. The head official will be paid an additional \$25.00 over and above the hourly rate. Referees will be paid at a rate of \$.25 per mile for a total of 70 miles roundtrip from residence when working a league approved sanctioned tournament or the League Tournament. The Tournament Director may submit the mileage compensation to the League Treasurer for reimbursement.

Evaluation- A standardized referee evaluation form will be available for coaches and clubs to be used for each referee to evaluate and rate their officiating.

Meal Allowance- Referees will receive one meal at no cost during the course of the tournament day.

Sanctioned Tournaments **MUST** have four (4) referees for every Three (3) surfaces with a minimum of one (1) experience referee for each surface.

REGISTRATION/ TOURNAMENT FEES:

MEMBER WRESTLER: The member wrestler is a wrestler who is listed on the roster for a team of the Western Suburban Wrestling league and has their League Member Card. The registration fee for the

member wrestler will not exceed \$12 unless the tournament director provides the table help for the given tournament then the wrestler will pay \$14. Member wrestlers who arrive at weigh-in location without their league issued card **MUST** prove age via a copy of a state issued birth certificate or a pass port. They will be charged the non-member fee.

Non-Member Wrestler: The non-member wrestler is a wrestler who is not listed on a roster for a Western Suburban Wrestling League club or **does not** have their league Member Card at the weigh in location. The registration fee for the non-member wrestler will not exceed \$20.00 or \$22 if the Tournament Host provides for the table help.

Member Coach: The member coach is a coach who is listed on the roster of a club that is in good standing with the Western Suburban Wrestling League. The member coach will receive a Club issued Coaches' card. There will be no entrance fees for the member coach who has his Coaches' card; provided he/she can show the league issued card when he/she arrives at the gate, a bronze card is not required to receive the free admission. A member coach is required to have a **VISIBLE** USA bronze, silver, or gold card in order to coach mat side at any league tournament. A bronze card does not guarantee free admission.

Non-Member Coach: The non-member coach is a coach who is not listed on the roster of the Western Suburban Wrestling League club. The non-member coach will be required to pay the standard admission fee for an adult/senior/student. A non-member coach **MUST** still have a **VISIBLE** USA Bronze, Silver, or Gold, in order to be mat side. No admission discount is given to these coaches.

REST PERIODS: Wrestlers will have a mandatory twenty (20) minute rest period between matches. Coaches, parents, referees, etc. **WILL NOT** be allowed to override this rule due to liability issues. It should be noted that CHSAA rules require a forty-five (45) minute rest period between matches at the High School level. The wrestler's 'End of Match' time (written on the bout sheet by the scorekeeper) from his/her previous match will be used to observe the twenty (20) minute rest period.

RIGHT OF REFUSAL: It is strongly recommended that your tournament flyer include a 'right of refusal' statement. Example: The Tournament Director reserves the right to refuse the participation of any club, coach, wrestler, and /or spectator...

RULE BOOKS: The league will purchase each club a copy of the current seasons rule books.

SANCTIONING OF CLUB: See League Dues for information on the expense and process for sanctioning of a league club.

SANCTIONS: If your club is not willing and able to run its tournament based the sanctions set forth in this document, your tournament **WILL NOT** be listed on the League Calendar. You **WILL NOT** be permitted to distribute your tournament flyer at any league sanctioned event. Infractions **WILL BE** addressed at the next

League Meeting. After discussion the penalty will be determined and voted upon by the WSWL membership. The penalty could include a fine of up to \$500.00 and/or being restricted from hosting a tournament the following season.

SATELLITE WEIGH-INS: Satellite weigh-in locations will be determined and voted on by the league membership annually. Any club wishing to host weigh in must have access to their facility every Saturday during the wrestling season during the predetermined times. There are absolutely NO faxed or emailed weigh-ins for the purpose of weighing a wrestler/ wrestlers nor for the purpose for of providing information to the tournament for bracketing.

- Bailey Headlockers @ Plate Canyon High School, 57243 US Highway 285, Bailey, CO ~ From 7:30 am to 9 am
- Brighton @ Chick-fil-a, 2035 Prairie Center Pkwy, Brighton, CO 80601 ~ From 6:30 am to 10 am
- Broomfield @ Mc Donald's, 1250 east 1st Ave., Broomfield, CO ~ From 8 am to 10 am
- Chaparral @ Chaparral High School, 15655 Brookstone Dr., Parker, CO ~ From 8 am to 10 am
- Chatfield @ Chatfield High School, 7227 S Simms St, Littleton, CO ~ From 8 am to 10 am
- La Gente @ The La Gente Center, 2804 E 12th St, Pueblo, CO 81001 ~ From 8 am to 9 am
- Rocky Mtn @ Doherty High School, 4515 Barnes Rd, Colorado Springs, CO ~ From 8 am to 10 am

No additional satellite weigh-in locations will be offered.

SCALES: The league will purchase and maintain scales for use by member clubs. Scales can be signed out from the league at the October meeting and returned to the league Vice President at the league tournament. The remaining scales will be housed in the league trailer for the use by the tournament host.

SCHOLARSHIP FUND: Each club hosting a league sanctioned tournament is required by the league to pay a \$100.00 fee into the league scholarship fund. This fund will be held in a separate account from the general fund. The treasure will report the balance of the scholarship fund at the start of the season during the **September** meeting. The WSWL will provide two scholarships to 2 youth wrestlers to an approved camp/clinic each wrestling season. Each club within the WSWL needs to refer one wrestler to the league at the **February** meeting, who will make the commitment to attend the camp/clinic and whose family can afford to make up the finical difference if the scholarship does not cover the complete cost of the camp/clinic. The names will be pooled together and draw to see who is the winner.

Funds from this account will also be used to provide scholarships to; wrestlers or wrestling organizations as approved by the league in a majority vote.

SKIN CHECK: Medical personnel and/or a league certified individual will be responsible for the skin check of each wrestler registered for the tournament. The skin check will be conducted during the weigh-in process.

A separate and private screening area **MUST** be provided for the female wrestlers, if requested. The initial of the individual who conducted the skin check **MUST** be written in the designated area on the registration form before it is delivered to the bracket room.

TIME PERIODS:

6's and 8's	three, sixty (60)-second periods
10's, 12's and 14's	three, ninety (90)-second periods

VIDEO RECORDINGS: Videotape of a match **WILL NOT** be used by the Referee, Head Official, Tournament Director or any other individual to change and/or reverse any ruling made on the mat during the competition.

WEBSITE: The league has voted to own and maintain a league website. The league will provide information regarding: dates, times and location for league meetings as well as past tournament results, rules and sanctions, weights and birthday cut off dates. A tournament schedule will be posted and flyers will be linked to the website. The league will also post contact information for its officers. Member clubs will be able to post information regarding their clubs: such as name of club, contact information, practice dates and a website links. It is the sole responsibility of each club to update and maintain the information on the website.

WEIGH-IN: Weigh in is mandatory for any wrestler, wrestling in a league tournament. Weigh-ins are held the day before the tournament date at the times designated by the tournament director. The tournament host club will always host their own weigh-in with extended weigh-in hours, to be listed on the tournament flyer. *WSWL has established designated satellite weigh-in locations: See Satellite weigh-ins* Private weigh-ins **WILL NOT** be allowed. Wrestlers **MUST** weigh in wearing a singlet or a compete Doublet; actual weights **MUST** be printed on each wrestler's arm. **NO RUNNING/EXERCISING ALLOWED IN THE BUILDING FOR THE PURPOSE OF LOSING WEIGHT.** Wrestlers may challenge the scale up to 3 times; the wrestler may not leave the weigh-in area for dehydration.

WRESTLE BACK: By definition, a wrestle back is the match between the current third place wrestler and the current second place wrestler, if they have not previously met, to determine the true second place finisher. A wrestle back for second place is part of straight line bracketing. If the tournament director elects wrestle backs, it **MUST** be so stated on their tournament flyer, as well as the opposite is true and there are **NO** wrestle backs it should be noted on the tournament flyer. The sixteen (16) man bracket will generally yield six (6) matches, including the wrestle back for second place, for any one wrestler. If a wrestle back for second place is appropriate, the bracketing room will determine if the match falls within the six (6) matches in a day rule. In other words, if the wrestler currently in second or third place drew a 'BYE' and has therefore wrestled six (6) matches, the wrestle back match for second place **WILL** be allowed as a BYE is not considered a match. If the wrestler currently in second or third place did not draw a 'BYE' and has therefore wrestled six (6) matches, the wrestle back match for second place **WILL** still be allowed as a seventh (7) match in a day is allowed for a wrestler back only.

WRESTLER AGE: The cutoff date for any wrestler is September 1. The wrestler's age on September 1st determines the age group the wrestler will compete in during the season. Wrestlers who are a year older before September 1, 2009 will wrestle their current age, example a wrestler born on April 1, 2000 is 9 on/before September 1, 2009 and therefore will wrestle in the 10 and under bracket, however a wrestler born on September 3, 1999 is 9 after September 1, 2000 and therefore will wrestle in the 8 and under bracket as he/she had not turned 9 until after the cutoff date. Wrestlers who turn 15 years old on or between September 1st and December 31st **AND** who are in 8th grade may compete in the 14 and under age group thereby making the cutoff date for wrestlers in this situation **September 1st**. Wrestlers who turn 15 years old before September 1st are not permitted to compete in league sanctioned tournaments regardless of their grade in school. Likewise, wrestlers who are in 9th grade are not permitted to compete in league sanctioned tournaments regardless of their age.

Adopted by Majority Vote on September 13, 2004
Amended by Majority Vote on January 10, 2005
Amended by Majority vote on September 9, 2009

WSWL

Referee Evaluation

Referees Name: _____

Tournament: _____ Date: _____

Reviewing Coaches Name: _____ Team: _____

Age Division of match evaluated: _____

Rating System (*1 being the Worst, 5 being the Best*)

Appearance	1	2	3	4	5
Knowledge of rules	1	2	3	4	5
Ruling and treatment of Illegal Holds	1	2	3	4	5
Referees position for Safety of Wrestlers	1	2	3	4	5
Referees ability to keep track of the score	1	2	3	4	5
Approachability during time outs	1	2	3	4	5
Attitude towards wrestlers	1	2	3	4	5
Attitude towards coaches	1	2	3	4	5
Overall control of the match	1	2	3	4	5

Please leave this form with the tournament director

WSWL

Referee Time Sheet

Referees Name: _____
Tournament: _____ Date: _____
Time In: _____ Time Out: _____
Total Hours: _____ Pay Rate: _____
Amount Paid: _____ Check #: _____

WSWL

Referee Time Sheet

Referees Name: _____
Tournament: _____ Date: _____
Time In: _____ Time Out: _____
Total Hours: _____ Pay Rate: _____
Amount Paid: _____ Check #: _____